

Holiday Roasted Butternut Squash

A serving dish with steaming, delicious roasted butternut squash.

Serves 6, 3/4 cup per serving

Ingredients

- 2 pounds butternut squash
- ¼ cup walnuts
- 2 Tablespoons canola oil
- 1 teaspoon dried sage
- ¼ teaspoon salt
- ¼ teaspoon ground black pepper
- 1 Tablespoon butter or canola oil
- ¼ cup dried cranberries
- 1 ½ Tablespoons maple syrup

Instructions

- 1. Preheat oven to 375°F.
- 2. Rinse and peel squash. Cut off ends and discard. Cut squash at the neck, creating a narrow end and a round end. Cut round end in half and scoop out seeds with a spoon. Cut both ends into ¾-inch, even-sized cubes.
- 3. Coarsely chop walnuts. Set aside.
- 4. In a large bowl, add squash. Toss with oil, sage, salt and ground black pepper.
- 5. Spread squash evenly on a baking sheet. Roast, stirring once, until tender, about 35 minutes.
- 6. In a small skillet over medium heat, melt butter or heat oil. Add walnuts and cook until fragrant, about 2 minutes. Remove from heat. Stir in cranberries and maple syrup.
- 7. Gently toss cooked squash with cranberry mixture.



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