NOURISHING NEWS

Together with our partners...





Sandra Frank, Chief Executive Officer for All Faiths, announces retirement

After 11 years as CEO of All Faiths Food Bank of Sarasota, Sandra Frank has announced her plans to retire by the end of 2023. Under her leadership, the food bank has evolved beyond the traditional "food in, food out" model to target the underlying causes of hunger before it begins.

Sandra's leadership has earned All Faiths Food Bank national and local recognition as a pioneer and model in the program areas of hunger and health, evaluation, and rural hunger.

"The decision to step down is not one I've taken lightly," said Frank. "My top priority is to make sure that All Faiths Food Bank and its new leader are set up for success. Our new strategic plan provides the road map that will guide the organization to continued growth and effective, compassionate service to the community."

MAY/JUNE 2023

WHAT'S NEW

All Faiths CEO announces retirement

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My name is Darla Walters, and I am the new Agency Relations Coordinator at All Faiths Food Bank. I moved here from the Midwest about 10 years ago, and one of my favorite things to do in the area is paddleboard. I have two cats you will definitely see pictures of at some point.

I look forward to working with everyone!

Partner Agency Spotlight: Safe Children Coalition

Safe Children Coalition cares for nearly 9,300 children in our community through their foster care, adoption, and prevention and diversion programs. Nearly 300 staff members are dispatched into the community every day to keep children safe. Though the agency is best known for its work in the foster care and adoption space, the



majority of the population they serve is through its prevention and diversion programs focused on keeping children out of the child welfare system. The agency has been serving Sarasota, Manatee, and DeSoto Counties for over 21 years.

All Faiths recently became a partner with Safe Children Coalition to serve their residential facility, which can house up to 12 youths.

Alan Abernathy, residential manager for the residential facility, explained that the kids they house are referred to them by schools, law enforcement, or a facility such as the Bayside Center for Behavioral Health at Sarasota Memorial Hospital.

At the residential facility, some of the services they offer the youth are weekly individual counseling sessions, weekly family sessions, transportation to and from school, and referral to additional resources

if necessary, such as substance abuse.



The staff also helps the kids learn life skills while there, including doing their own laundry, making their beds, and preparing lunches and dinners, which is where the partnership with the food bank comes in.

Abernathy explained that the partnership has impacted the work they do at the facility by "giving us a sense of relief as far as being able to provide quality food for the residents."

For more information, please visit <u>Safe Children Coalition</u>.

"We show them (the youth) that there's not a better way but a different way to be a positive influence on their families." -Alan Abernathy

Food Bank News

From the desk of Chuck Wolbert, Food Resource Manager for All Faiths Food Bank:

Are you looking for more food for your pantry? Do you have any volunteers able to pick up at least once a week from a local grocery store? If you answered yes, then our Agency Retail Pickup Program might be able to help you.

All Faiths currently has 21 agencies picking up from retail stores in Sarasota and Desoto counties. The retail pickup program consists of actively picking up all donated goods at a specific retail store, which has been associated with your food pantry, and then reporting the poundage received from that store into the Primarius system.

It's preferred that all be recorded on the same day, but all pickups *must* be entered by 11 am on the last business day of the month. This is an efficient way to increase your distribution as you will receive bread, produce, frozen meat, other frozen goods, and non-perishables. On occasion, you may receive holiday goods and non-food items as well. We can offer pickups at most Publix Stores, Aldi, Dollar General, and Winn Dixie.

Interested in learning more? Contact Darla Walters at 941-379-6333, ext. 172, 941-914-7717 (cell), or by email at dwalters@allfaithsfoodbank.org.

New Ordering Window

To reduce produce waste and provide more space for product rotation, All Faiths has adjusted the time window for all ordering. *Effective May 1, the window for agencies to start orders was shortened to <u>4 business days prior</u> to a scheduled delivery. This change in ordering timeframe will benefit everyone with less waste, faster inventory turnover, and more consistent availability of product to all agencies. The final deadline for submitting orders remains the same – noon two business days prior to scheduled delivery.*

By the Numbers

Quarter 1 Impact									
	Jan	Feb	Mar						
Unique Households Served	7,047	7,082	7,632						
Total Household Visits	15,534	16,152	18,201						
Total Pounds	724,391	673,671	768,768						
Fresh Produce	21%	15%	25%						
Purchased Food Cost	\$ 137,319.39	\$ 136,394.72	\$ 219,488.44						

Ordering Term

<u>Gaylord</u>

This is a term that refers to large, corrugated boxes used as a container for bulk items.



Here is an example of how it looks in Primarius:

		1280292	Pro: Watermelon Gaylord	Refrigerated	28ct Gaylord	28-FRESH PRODUCE	Donations (Don)	\$0.00	CASE WEIGHT	818
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As indicated above, Primarius lists the count of each Gaylord and its weight. Questions while ordering? Please contact us!

All Faiths Food Bank Rolls Out New Strategic Plan

All Faiths Food Bank has launched a progressive new strategic plan that provides bold new ideas, approaches, and partnerships to address not just food insecurity but its systemic, root-level causes.

Food insecurity is complex, always shifting, and not bound by time. The best way to understand its complexities and root causes is by learning from people who are directly affected. At the core of this five-year strategic plan is centering our neighbors' experience and ensuring that everyone in the region understands that hunger is not something that happens to someone else – it is in our neighborhoods, perhaps even right next door.

The strategic plan process began in January of 2022 by assembling expert research, conducting an extensive landscape assessment, and gathering firsthand community experience – over 100 contributors participated. The strategic plan task force included the AFFB senior leadership team, immediate past chair and strategic plan task force chair Ben Hanan, and task force members Dennis Doughty, Keith Monda, Paul Cantor, and current board chair Terri Vitale.

"Staff, board, volunteers, and community stakeholders played an important role in this process, which included an environmental scan, design of four impact goals, testing of our assumptions, and the development of an approach to implementation," said Hanan. "We are grateful for the involvement of the many people who helped us set a compelling agenda for our future and our community's vision to end hunger."

There are four goals comprising the new strategic plan:

- Advance greater insight into how to meet the unique needs of our neighbors experiencing hunger.
- Build a reimagined supply chain that holistically integrates the preferences and nutritional needs of our neighbors and establishes innovative new methods to distribute food.
- Position food and wrap-around services as important steps in opening new pathways to financial stability and economic security for our food-insecure neighbors.
- Invest in deep partnerships to create a region-wide movement that recognizes the role we can all play to end hunger.

The Strategic Plan includes ongoing measurements to ensure actions are having the desired impact, with adjustments being made along the way. These activities are part of AFFB's commitment and investment in program evaluation.

"Our new Strategic Plan is a catalyst for change within the food bank and across our region," said AFFB's CEO Sandra Frank. "Our mission to end hunger is at the center of everything we do. The four goals will work in concert to move our purpose forward and invigorate the impact we can create with our partners in Sarasota and DeSoto counties."

Spotlight Ingredients: Peanut Butter and Jelly

Looking for something new to do with PB&J? Check out these simple recipes – your neighbors will love these fresh twists on a classic!



PB&J Curps



- 1 lb of peanut butter
- 1 1/2 tbs honey or maple syrup
- 1/2 cup coconut oil, melted
- 1 tsp salt (only if pb is unsalted)
- 1/4—1/2 cup of jelly, flavor of your choice!

1/3 cup honey



- Line a muffin tin with 12 paper liners.
- Place the pb, honey, coconut oil, and salt (if using) in a blender. High speed is best. Blend until smooth creamy.
- 3. Divide the pb between the lined muffin cups.
- Spoon 1-2 tsp of jam on top of the pb in each cup, spreading it out.
- 5. Use a toothpick to swirl the jam around the top.
- Place muffin tin in the freezer for 15-20 mins. After, let sit at room temp before eating. Enjoy!

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Peanut
Butter and
Jelly
Breakfast
Bars



Ingredients

- 4 cups of rice crispies cereal
- 1 cup peanut butter
- 1/2 cup jelly

Directions

- In a saucepan on low heal melt together your peanut butter, jelly, and honey.
- Add Rice Crispies Cereal to your pan and mix well. Make sure all your cereal is coated with the peanut butter mix.
- Firmly pat your cereal bar mixture into a casserole dish. Place in the fridge and allow it to sit for 30-40 minutes.
- Remove, slice, and enjoy!

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