

Volunteer Opportunities

Food Sorting/Packing: Food Sorters inspect and pack donated items for inventory. Closed toed shoes are required. Volunteers must be able to stand for 3 hours. Must be able to lift 5-40lbs boxes. Shifts are available Mondays-Wednesdays, 8:30-11:30am and Fridays 9am-12pm.

Backpacks Packing: Stuffing backpacks with nutritious, kid friendly food and packing bags into totes for delivery to our school partners. Closed toed shoes are required. Volunteers must be able to stand for 3 hours. Must be able to lift 10-20lbs totes. Backpack packing occurs Mondays-Thursdays, 1-3:30pm.

Welcome and Registration/Link-2-Feed: Help clients check in to each pantry before they are able to go through the food line. Each volunteer will help fill out a "new client registration form" for the client. Volunteers must have legible handwriting, be able to stand for 2 hours collecting information, and be polite and respectful to all visitors. Additional training is required.

Mobile Farm Market: Go into the community with our sprout mobile market. Here you will be able to help on and off load fresh produce, bag and hand produce to clients and help take down client information. Mobile Farm Market goes out daily throughout Sarasota and DeSoto Counties. Hours and availability vary.

Mobile Pantries: Go into the community with our mobile pantry. Here you will be able to take down client information, hand out food directly to individuals in need and help on and offload the pantry. Mobile Pantry goes out daily throughout Sarasota and DeSoto Counties. Hours and availability vary.

Community Pantries/School Pantries: Unloading deliveries, stocking shelves, assisting those in need at the pantry, stock taking after distribution, reloading trucks and light paperwork. Locations and hours vary.

Nutrition Education: Join a team of 3-4 volunteers to help teach low-income individuals how to select, purchase, and prepare healthy low-cost meals. Classes meet once per week for six weeks and are coordinated by AFFB. Classes are offered



for adults, teens, and children and are held at various locations throughout Sarasota and DeSoto Counties.

Administrative: Assist with filing, data entry, scanning, and mailings as needed. Projects will vary and take place on an as needed basis. If you would like to be informed of admin opportunities, please express your interest to the Volunteer Coordinator.

Special Events: Assisting with our signature events, Bowls of Hope or the National Letter Carrier countywide food drive. Hours and availability vary.

To view all opportunities, learn more and sign up for a shift, visit <u>www.allfaithsfoodbank.org/volunteer</u> or call our Volunteer Coordinator at 941-549-8156