

ALL FAITHS FOOD BANK

FOOD *for* THOUGHT

HOLIDAY 2023



ENDING
HUNGER™
ALL FAITHS FOOD BANK

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Your Neighbors Are Giving Thanks for YOU!



Sandra Frank, JD
Chief Executive Officer

Dear Neighbor,

With the holidays approaching, I want to take a moment to share my thanks for your generous support. Without your help, thousands of community members would not be able to put food on the table.

Your partnership is especially appreciated at times like these, when the cost of living keeps so many of our neighbors from enjoying the holiday season.

This time of year, you can make an even bigger impact by joining our ThankFULL campaign to help turn empty plates into ThankFULL hearts and tummies. We hope you will consider partnering with us to spread holiday cheer for families in need.

This season is also special because it brings us the opportunity to recognize the sacrifices our veterans have made, and to provide extra support to the veteran community. Twice a month, All Faiths Food Bank dedicates a special pantry to former armed service members.

For veterans and civilians alike, your compassion truly impacts our community. In this issue of *Food for Thought*, you will meet neighbors like Carol, page 4, whose life was changed because of you.

I am so blessed to carry this torch together with you.

Thank you for sharing hope across our community, and please enjoy a wonderful holiday season!

Happy holidays,

Sandra Frank, JD
Chief Executive Officer



When basic costs increase, food can be the first to go. You can help put food back in the bag this holiday season. Turn empty plates into ThankFULL hearts.






Join the ThankFULL campaign today!



Give today at
allfaithsfoodbank.org

Give smart and make a difference before year-end!

As year-end approaches, there are several ways to give to All Faiths Food Bank while enjoying financial benefits for yourself:

-  **Donate appreciated stock:** Give your appreciated stocks to All Faiths Food Bank and eliminate capital gains tax.
-  **Give from your IRA (if you are 70 1/2 or older):** Regardless of whether you itemize your taxes, this gift helps you fulfill your required minimum distribution and is not considered taxable income.
-  **Charitable remainder trusts:** You may benefit from funding these with appreciated property to avoid capital gains taxes.
-  **Donor-Advised Funds (DAF):** Make a gift with a grant through your donor-advised fund.
-  **Legacy giving:** Help end hunger by including All Faiths Food Bank in your estate plans and becoming part of the Ending Hunger Society. To learn more, please contact **Rachel Bradley** at **941.549.8140** or **rbradley@allfaithsfoodbank.org**.

You're a Lifeline for Allyiah's Family

A lifelong Sarasota resident, Allyiah works hard as a home health aide in order to provide for her daughter, Amonie, who just turned 4 this year.

Allyiah's biggest goal in life is to spend as much time with her daughter as possible — she is truly a caring and devoted parent. But, because the cost of food and other essentials remains so high, she must work extra hard just to stay afloat.

Before she was a home health aide, Allyiah worked at the Roy McBean Boys & Girls Club, which is where she heard about All Faiths Food Bank's mobile distributions, one of which is held at Ed Smith Stadium.

Since she started attending the mobile distributions, Allyiah has found so much relief in the extra support. She says it means she can pay for her daughter's preschool, save money and still put healthy meals on the table. If there's ever leftover food, Allyiah often shares it with her neighbors.

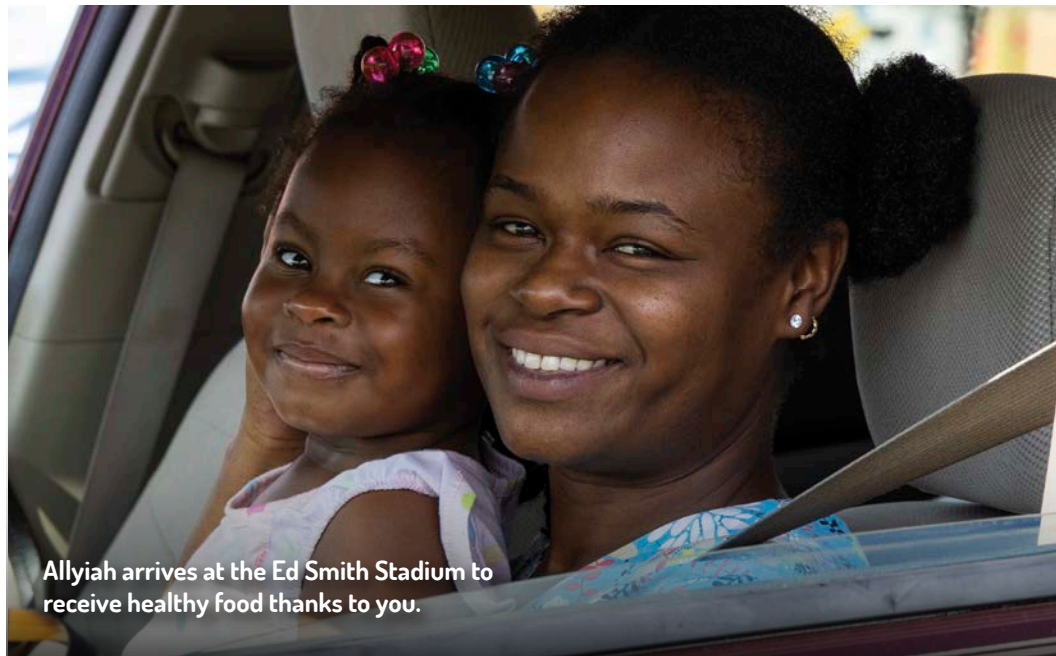
It's your generosity that helps set the table for Allyiah and little Amonie.

"Thank you for everything," Allyiah says gratefully.

It's a true pleasure to meet community members, like Allyiah, and to witness the power of your compassion in

action. Thank you for helping to end hunger in Sarasota and DeSoto counties. You're making the holidays bright!

"Thank you for everything!"



Allyiah arrives at the Ed Smith Stadium to receive healthy food thanks to you.



Baltimore Orioles Help End Hunger

The Baltimore Orioles have partnered with AFFB since the

team began spending their offseason in Florida. Through the Orioles Florida Complex Team, Ed Smith Stadium has become an important location for monthly food distributions, the annual Thanksgiving turkey distribution, and Bowls of Hope, a signature fundraising event.

"We are so grateful to the management of the Baltimore Orioles for donating the use of Ed Smith Stadium for our large-scale food distributions, and for the players and employees who have graciously volunteered their time to assist," says Sandra Frank, CEO of All Faiths Food Bank.

She adds, "the entire Baltimore Orioles family have been champions in our community for many years. Comprehensive support like they have provided is

exactly what is needed to continue to fight hunger in our community."

During COVID, the Orioles developed a deeper connection to the community through working with AFFB. Although the team was a partner of the food bank for many years prior, COVID heightened Sarasota's need for a central food distribution location.

"Many former and current players, along with the team's manager Brandon Hyde, live in Sarasota and daily see the hardships of the community after hurricanes, pandemics and overall rising cost of living," Jennifer Grondahl SVP, Communications & Community Development, says.

The Orioles deeply value their community, and they show it through partnering with AFFB to volunteer, give back and make a difference all year long.

Carol and her Family Share Thanks for You

Like so many Sarasota and DeSoto County neighbors, Carol and her family were deeply impacted by Hurricane Ian last year. The storm caused major damage to the family's home, and paying for repairs hasn't been easy.

Now, Carol, a phlebotomist at a local hospital, is paying for bills without any savings to fall back on. It's stressful, especially with five children at home who need healthy food in order to grow and thrive.

"Thanks a lot for helping us out, and the community, and helping support families like mine."

Thankfully, Carol has friends like you to help ease the worry. Your support means that every other Monday, Carol can come to the All Faiths Food Bank DeSoto Food and Resource Center to pick up food for her family.

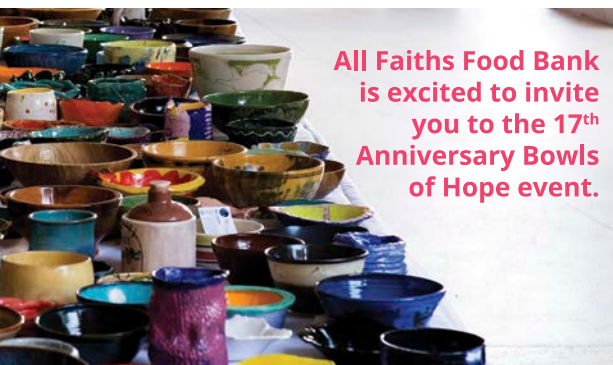
Carol is so grateful to pick up healthy food at the DeSoto Food and Resource Center.



Not only is the food a lifeline for the family during hard times, but it's also a convenient stop, just five minutes from home. It's easy to pick up foods the family loves, like healthy proteins, to make nutritious dinners and the occasional pastry treat.

Your generosity is hard at work providing food access to thousands of families like Carol's across our

communities. When all of us have the resources to thrive, we can all enjoy a stronger and healthier future. Carol wanted to share a message of gratitude with you. She says, "thanks a lot for helping us out, and the community, and helping support families like mine."



All Faiths Food Bank is excited to invite you to the 17th Anniversary Bowls of Hope event.

BOWLS OF HOPE

BUY YOUR TICKETS NOW!



**December 3rd, 2023
11am - 2pm
Ed Smith Stadium**



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Connect with us online:

